

Healthcare Cost Containment Committee Minutes

February 12, 2014

3:30 p.m. to 5:00 p.m.

Attendees: Carolyn Belfiore, Karen Bonin, Marge Chiafery, Nick Coler, Kim Demaso, Sandi Eherenman, Linda Freeman, Linda Hastings, Chris Ortega, Linda Murgo, Christine Soucy, Sue Robinson

1. Approval of January 8, 2014 Minutes

Carolyn Belfiore moved (seconded by Linda Freeman) to approve the January 8, 2014 minutes as amended.

The motion passed 10-0-2 with Linda Murgo and Chris Ortega abstaining.

2. Health Assessment (HA) Participation

a) Rate for January 2014

It was reported that the health assessment survey completion rate for January 2014 was 30%. Weight management and nutrition management continue to be topics of interest.

b) February Focus

The February focus will be to continue to encourage people to complete the health assessment survey. The following strategies were discussed.

- Promote the \$50 for submitting biometrics and \$75 for completing the health assessment survey and highlight the committee's goal to reach a 70% participation rate at faculty meetings.
- Conduct informal conversations
- Notify food service employees of access to a computer
- Highlight the eligibility of approximately 300 dependents (new this year)
- Utilize February vacation to complete the survey
- Notify and/or remind retirees through a formal mailing
- Use District-wide email reminders
- Emphasize the health assessment survey must be completed before HealthTrust will issue \$50 for participation in the biometric screening.

3. Promotion of Biometric Health Screening in March

Linda Hastings distributed information regarding the registration process for the March 12, 2014 Regional Biometric Screening. Individuals have the option of submitting their biometric information to the HealthTrust through their physician's office and still receive \$50.

Two people took advantage of completing the Health Assessment Survey during the Regional Biometric Screening last year. Computer access will be provided again this year.

4. Highlight HCCC's Goals for 2014

Linda Hastings distributed laminated posters stating the Mission, Vision, and Goals of the Healthcare Cost Containment Committee. The posters should be displayed in faculty rooms.

The goal is for employees to know what the HCCC committee is trying to accomplish.

a) Review Status of Funds for Wellness Teams

Marge Chiafery reported that the \$750 received from the HealthTrust last year was not spent by June 31, 2013; therefore, it was returned to the Town as surplus funds to reduce taxes. She noted that the \$1,000 received from the HealthTrust this school year will be expended by wellness Committees in each school coordinated by the District Wellness Committee. Rick Greenier, the Chairman of the District Wellness Committee will keep the committee informed about wellness expenditures.

b) Compass Smart Shopper Program

Marge Chiafery reported that the Compass Smart Shopper program will be available through December 2014.

Compass Smart Shopper Program Testimony and Comments:

- If someone is having difficulty using Compass Smart Shopper, s/he should contact Linda Hastings.
- Participation through the website will allow participants to see the cost savings between the various facilities.
- It was noted that there could be tax implications related to the incentives received by the Compass Smart Shopper program.
- The program is very easy to use.
- Can Bill or Debie provide information for staff to see the financial difference when shopping smart.
- The program has made people smarter consumers of diagnostic imaging.
- It was noted that the cost of medical care is invisible to users of the District's insurance unless they log on to the Anthem website or request that information.

5. Announcements and Materials

Nick Coler distributed a list of one-hour Health and Safety workshops offered by the HealthTrust free of charge.

Linda Hastings announced that the Eye Med program offered through the HealthTrust is now offered through Anthem Blue Cross/Blue Shield and Delta Dental. She asked that this new information be shared with staff.

Linda Freeman distributed the document entitled "Spark" that contains information on how to find grants for health-related purposes.

The next meeting will be March 5th.

2013-2014 School Year Meeting Dates

Meeting Date	Refreshments
March 5, 2014	Bob Gidari, Paula Williams
April 2	
May 7	Marge Chiafery, Sandy Swanson
June 4	Debie Clayton, Bill Byron